

BIBLICAL COUNSELLING: PREPARING LEADERS FOR WORLDVIEW FORMATION AS IT RELATES TO COUNSELLING

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IF WE ARE GOING TO PREPARE LEADERS FOR WORLDVIEW FORMATION IN THE AREA OF BIBLICAL COUNSELLING WE MUST:

1. Explain the prominent Christian Counselling education landscape in Southern Africa.

CLINICAL COUNSELLING	INTEGRATIONIST NEO- INTEGRATIONIST	BIBLICAL COUNSELLING PROPER	BLEND OF CULTURE AND CHRISTIANITY	CULTURAL COUNSELLING
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2. Reflect on your personal worldview and its implications on current counselling training.

- a. Re-examine assumptions (Psalm 19:14).
- b. Re-engage with personal beliefs using Scripture alone (Romans 15:4).
- c. Reconsider the impact of unbiblical worldviews (1 John 4:6).
- d. Identify the pressures that keep you back from Biblical Counselling.

3. Define ‘worldview’ as it relates to counselling.

A worldview is the invisible hand (the cognitive) that moves people to act (outward) in certain ways.



4. Clarify the worldview that upholds your counselling training.

CLINICAL COUNSELLING	INTEGRATIONIST NEO- INTEGRATIONIST	BIBLICAL COUNSELLING PROPER	BLEND OF CULTURE AND CHRISTIANITY	CULTURAL COUNSELLING
Man-Made Worldview	Integrationist Worldview	God-Centred Worldview	Syncretistic Worldview	Inherited Worldview
Man-Made Identity	Double-Minded Identity	Given Identity	Situational Identity	Cultural Identity
Man-Made Kingdom	Divided Kingdom	United Kingdom	Syncretistic Kingdom	Traditional Kingdom
Stability Sustained by New Diagnosis	Stability Sustained by Clinically Applied Theology	Stability Threatened But Sustained by God	Stability Sustained by Blending Dual Expectations	Stability Sustained by Fear, Blessings, Curses and Superstition

For a fuller explanation, see QR code



5. Differentiate between Biblical Counselling proper and other counselling approaches.

- a. What is Biblical Counselling?
“Biblical counselling is a personal discipleship ministry under the oversight of the church, dependent on the authority and sufficiency of God's Word, and guided by the

Holy Spirit. It aims to reorient disordered desires, affections, and behaviors towards a God-designed anthropology, ultimately restoring right fellowship with God and others.”¹

- b. Biblical Counselling is not secular counselling.
- c. Biblical Counselling is not integrationist.
- d. Biblical Counselling is not syncretistic.



6. Ask relevant theological questions to identify worldviews in counselling approaches.

Concept	Questions	Approach
God	How is God portrayed?	Theology
Man	How is human nature interpreted?	Anthropology
Scripture	The role of Scripture?	Bibliology
The World	How are circumstances viewed?	Cosmology (environment)
Authority	Who authored the idea and who will implement the idea?	Christology
Meaning	What are the meanings of the words and terms used in diagnosing a problem?	Etymology Epistemology
Diagnosis	Is Scripture or Kraepelin's classification system (DSM5) used to diagnose a problem?	Hermeneutics
Causes	What are the causes of man’s problems?	Hamartiology
Cures	What is the salvation in the counselling approach?	Soteriology
Change	Sanctified from what and by whom and for who?	Sanctification

7. Develop a platform to discuss how the times have changed theological formulations.

- a. The primacy of the ministry of the Word/The primacy of preaching alone (Acts 20).
- b. Refuse to view Biblical Counselling as a social science rather than theology (Friedrich Schleiermacher).
- c. Repent of an unbiblical understanding of general revelation (old- integrationist).
- d. Repent of an unbiblical understanding and practice of common grace that overrides the sufficiency of Scripture (neo- integrationist).
- e. Reject a secular understanding of identity and embrace a biblical understanding of identity.
- f. Expose the philosophies, traditions, deceptions and traditions of men (Colossians 2:8).
- g. Beware of neo-integrationists that go by the term ‘Biblical Counselling.’
- h. Accept that sin can never be called an illness (Kraepelin Theory).
- i. Understand the term ‘in Christ’ biblically with its implications for the believer.
- j. Return to a biblical understanding regarding Satan and his power.



¹ The Association of Certified Biblical Counselors. www.biblicalcounseling.com.